

Senior Handicap Points

(last revised 7:46, 20/07/2026)

Name	Proj. Time	Race Time	Diff	Next Proj Time	2 Mins Max	Total Points	Runs	SB Time	SB Points	Jan	Feb	Mar	Apr	May	Jun	Jul
Ann Ellmers	40:41	40:23	00:18	40:23	OK	313	7	40:23	30	45	35	33	40	40	50	40
Di Leckie	40:56			00:00	OK	285	6	40:56	20	40	45	35	50	50	45	
Norma Leckie	46:05	46:34	00:29	46:12	OK	274	7	46:05	10	50	40	45	32	32	33	32
Joanne Carrington	37:57	40:19	02:22	37:57	Exceed	231	6	37:51	10	34	33	31	30	35	31	<u>27</u>
Barbara Reading	53:53	55:20	01:27	54:15	OK	211	7	52:39		35	31	30	29	28	29	29
Andy Weaver	29:44	29:55	00:11	29:47	OK	210	6	29:44	10	32	32		35	33	34	34
Trevor Hufford	40:53	39:40	01:13	39:40	OK	207	5	39:40	10		34	32	33	27	<u>26</u>	45
Pam Hemingway	52:24	56:02	03:38	52:24	Exceed	167	4	52:06			<u>1</u>	50	25	34	32	<u>25</u>
Diane Hufford	43:48	44:24	00:36	43:57	OK	158	5	43:25			30	40	28	29		31
Lizzy Hiner	45:41	45:24	00:17	45:24	OK	149	4	45:24			<u>1</u>	<u>1</u>	27	45	40	35
Maurice Hemingway	36:41	37:04	00:23	36:47	OK	145	5	36:43		31	29		24		28	33
Katie Rush	39:45			00:00	OK	131	4	39:00		33			45	26	27	
Laura Cottrell	35:10	36:11	01:01	35:26	OK	117	4	35:32					27	30	30	30
Dawn Donaldson	36:37	38:07	01:30	37:00	OK	95	3	36:29			<u>1</u>	<u>1</u>	34	31		28
Janice Barnes	59:27			00:00	OK	89	1	59:27		<u>30</u>	<u>28</u>		31			
Caroline Freeman	35:42	34:24	01:18	34:24	OK	87	2	34:24					<u>1</u>	<u>1</u>	35	50
Ben Goddard	32:36			00:00	OK	84	2	32:36			50	34				
Pip Shoobert	47:55			00:00	OK	78	0	52:21			<u>26</u>	<u>29</u>		<u>23</u>		
Simon Green	32:57	35:59	03:02	32:57	Exceed	51	0	35:29						<u>25</u>		<u>26</u>
Helen Leach	35:41			00:00	OK	27	0	42:55			<u>27</u>					
Wayne Bailey	34:11			00:00	OK	25	0	42:56			<u>25</u>					
Jessica Heaford	37:22			00:00	OK	24	0	43:18						<u>24</u>		

Score Runs :

Green Box = Eligible for SB Bonuses

Red Box = Best 8 to count

1 - Resetting Times

Underlined - can't count towards SB runs count

SB Points :

Yellow box = This month SB Bonus added